



MOUNTAIN VIEW
family medicine

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Vasectomy Wound Care

General

- Keep wounds clean and dry.
- Apply ice (1-2 cubes in a sandwich bag) for 10-15 minutes every two hours for the first two days. This is not necessary during the night.
- Watch for signs of infection and call our office if you experience the following:
 - Warmth, redness and swelling
 - Red streaking toward the heart
 - Fever
 - Purulent drainage-pus or milky thick yellow with a foul smell.
- Use Tylenol (acetaminophen), aspirin, Advil (ibuprofen) or prescribed medication for pain.
- Wear a jock strap continuously for one week.

Prevent infection and scarring.

- It is important to cleanse the wound daily until healed.
- Use warm soapy water or hydrogen peroxide and rinse with water.
- Dry wound thoroughly after washing or showering
- Avoid swimming or soaking in the tub for three days.
- Use antibiotic ointment such as Neosporin for two days.

Follow up semen sample:

- After eight weeks, bring semen sample from home in the provided container. It is not necessary to collect specimen in the office. You will be notified of results within 24 hours after bringing in specimen.